



THE GARDEN & ROSE ROOM
BREAKFAST MENU

Monday - Friday
From 7:30am to 11:30am

COLD PRESS JUICES 9

Kale, Spinach, Celery, Romaine, Cucumber, Apple & Lemon

Apple, Ginger & Lemon

Orange, Lemon, Turmeric, Cayenne Pepper, Grapefruit & Tangerine

Carrot & Ginger

COLD PRESS SHOT 6.5

Ginger Immunity

Turmeric Immunity

SMOOTHIES 9

Glow Smoothie *Lemon, Ginger, Banana, Apple, Turmeric & Cayenne Pepper*

Lean Smoothie Almond Butter, Chia Seeds, Dates, Raw Almond Milk & Hemp

Berry Recovery Smoothie *Apple, Banana, Coconut Water, Strawberry, Blueberry, Raspberry*

FRESH JUICES 6

Orange, Apple, Grapefruit, Pineapple

Blood Orange & Mandarin

CLASSICS

Mini Pastry Basket 11

Toast, Butter & Preserves 6

Smashed Avocado Toast 10
Pumpkin Seeds, Chili Oil, Sourdough or GF Bread
Add 2 Poached Eggs 8

Mushroom & Feta Toast 11
Wild Mushrooms, Spinach & Crumbled Feta;
Sourdough or GF Bread
Add Streaky Bacon 5

Pancakes & Berries 12
Whipped Cream & Maple Syrup

French Toast 12
Add Bacon or Berries 5

IMMUNITY BOOSTER BOWLS

Cacao Acai Bowl 15
Coconut Granola, Banana, Dates, Mango,
Almond Butter & Cacao

Chia Berry Parfait 13
Almond Chia Pudding, Cinnamon Cashew, Raspberry
Compote, Coconut & Seasonal Fruits

Spirulina Chia Seed Bowl 15
Avocado, Kiwi, Dates, Cashew, Granola,
Goji Berries & Almond Milk

Signature's Granola 14
Manuka Honey, Coconut Yoghurt & Banana

Turmeric Overnight Oats Bircher 15
Oats Milk, Chia, Coconut, Maple, Goji, Dates &
Blueberries

ALL THINGS EGGS

From Clarence Court Farm

Two Eggs Any Style 10

Full English Breakfast 21
Eggs, Sausages, Bacon, Black Pudding,
Tomato, Mushrooms, Beans, Potato Hash

Smoked Salmon Scrambled Eggs 18

Eggs Benedict 17
Wiltshire Ham & Hollandaise

Eggs Royale 17
Smoked Salmon & Hollandaise

Cheese & Ham Omelette 17

Wild Mushrooms Omelette 18

Egg White Omelette 17
Heritage Kale, Spinach And Swiss Chard,
Halloumi & Salsa Verde

SIDES

Severn Wye Smoked Salmon 8

Mixed Mushrooms 8

Avocado 6

Crispy Streaky Bacon 6

Sausage *Pork or Chicken* 6

Potato Hash 6

Baby Spinach 6

French Toast 5